



March Break Schedule

YMCA of Oakville
Peter Gilgan Family YMCA

MONDAY, MARCH 12

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
5:30 AM													
6:00 AM													
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM													
9:00 AM													
9:30 AM		Zumba 9:30-10:30											
10:00 AM													
10:30 AM	Gentle Fit 10:45-11:45												
11:00 AM		Family Gym Kids 11:00-12:15											
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:30 PM													
2:00 PM	Child & Youth Game On 1:30-3:00												
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM													
4:30 PM													
5:00 PM													
5:30 PM													
6:00 PM													
6:30 PM	Zumba 6:15-7:15												
7:00 PM													
7:30 PM													
8:00 PM													
8:30 PM													
8:30 PM	Adult Volleyball 7:45-9:45												
9:00 PM													
9:30 PM													
10:00 PM													

All facility areas close at 9:45 pm

TUESDAY, MARCH 13

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
5:30 AM													
6:00 AM													
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:00 AM		Core 8:00-8:45											
8:30 AM													
9:00 AM													
9:30 AM													
9:30 AM		Step Fit 9:15-10:15											
10:00 AM													
10:00 AM													
10:30 AM													
11:00 AM													
11:00 AM													
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:00 PM													
1:30 PM													
2:00 PM	Child & Youth Game On 1:30-3:00												
2:30 PM													
3:00 PM													
3:00 PM													
3:30 PM													
4:00 PM													
4:30 PM													
5:00 PM	Child & Youth Game On 5:00-6:00												
5:30 PM													
6:00 PM													
6:00 PM													
6:30 PM	Child & Youth Game On 6:15-7:15												
7:00 PM													
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7:30 PM													
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9:30 PM													
10:00 PM													

All facility areas close at 9:45 pm



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WEDNESDAY, MARCH 14

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
5:30 AM													
6:00 AM													
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM													
9:00 AM													
9:30 AM	Bar Blast 9:30-10:30		Preschool Creative Hands and Feet 9:15-10:45	Morning Mix 6-13 years 9:15-10:45									
10:00 AM													
10:30 AM	Gentle Stretch & Strengthen 10:45-11:30												
11:00 AM		Family Gym Kids 11:00-12:15											
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:30 PM	Child & Youth Game On 1:30-3:00	Preschool Gym Time 1:30-3:00											
2:00 PM													
2:30 PM													
3:00 PM	RS Camp 3:00-4:00												
3:30 PM													
4:00 PM	Preschool Jr. Game On 4:00-5:00	Teen Basketball 3:30-6:00											
4:30 PM													
5:00 PM	Child & Youth Game On 5:00-6:00												
5:30 PM													
6:00 PM													
6:30 PM	Zumba 6:15-7:15												
7:00 PM													
7:30 PM													
8:00 PM	Adult Badminton 7:45-9:45												
8:30 PM													
9:00 PM													
9:30 PM													
10:00 PM													

All facility areas close at 9:45 pm

THURSDAY, MARCH 15

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
5:30 AM													
6:00 AM													
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM													
9:00 AM	Core 9:15-10:00		Preschool Playtime 9:15-10:45	Morning Mix 6-13 years 9:15-10:45									
9:30 AM													
10:00 AM													
10:30 AM	Yoga Fitness 10:30-11:15												
11:00 AM													
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:30 PM	Child & Youth Game On 1:30-3:00	Preschool Games n Mazes 1:30-3:00											
2:00 PM													
2:30 PM													
3:00 PM	RS Camp 3:00-4:00												
3:30 PM													
4:00 PM		Teen Basketball 3:30-5:30											
4:30 PM	Preschool Jr. Game On 4:30-5:30												
5:00 PM													
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM													
7:30 PM	Circuit Fit 7:30-8:30		Yoga Fitness 6:30-7:15										
8:00 PM													
8:30 PM													
9:00 PM	Adult Basketball 8:45-9:45		Jiu-Jitsu 7:30-9:30										
9:30 PM													
10:00 PM													

All facility areas close at 9:45 pm



March Break Schedule

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FRIDAY, MARCH 16

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
5:30 AM													
6:00 AM													
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All facility areas close at 9:45 pm

SATURDAY, MARCH 17

	Gyms		Multi-purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
7:00 AM													
7:30 AM													
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All facility areas close at 5:45 pm

Legend

Adult 16+ years
 Teen 13+ years
 Youth 9-13 years
 Child 6-9 years
 Preschool 3-5 years
 Family: Child must be accompanied by parent or guardian

Children under the age of 13 must be supervised by an adult (16+ years) or participate in a supervised program.

- Adult/unsupervised programs
- Child/supervised programs
- Open swim or open program
- Community program and birthday party bookings
- Closed

- Ⓢ Limited space, sign up for the program 30 minutes prior to start
- Ⓡ Program requires registration, please see Membership Services
- Ⓜ Member only programs
- Ⓝ Fee applies

Program areas close 15 minutes prior to building close. Program spaces are not available 15 minutes prior to adult classes and 45 minutes before some children's classes to allow for program set up.



March Break Schedule

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SUNDAY, MARCH 18	Gyms		Multi purpose Rooms					Adventure Centre	Leisure Pool	Main Pool			
	1	2	1	2	3	4	5			20m	25m	25m	25m
8:00 AM													
8:30 AM													
9:00 AM	Ⓜ Ⓜ Adult Taekwondo All Belts 8:30-9:45		Yoga Fitness 9:00-9:45										
9:30 AM													
10:00 AM	Total Body Conditioning 10:00-11:00												
10:30 AM													
11:00 AM													
11:30 AM		Ⓜ Ⓞ Community Soccer 11:30-12:15 3yrs			Ⓜ Ⓜ Competitive Taekwondo Training 10:30-12:00				Birthday Parties 11:15-12:30				
12:00 PM		12:15-1:15 4-6yrs											
12:30 PM		1:15-2:15 7-8yrs											
1:00 PM	Available for Birthday Parties 11:00-4:30 Call 905-845-5597 ext. 433 to book or for details.		Available for Birthday Parties 11:00-4:30 Call 905-845-5597 ext. 433 to book or for details.						Open climb 12:30-2:00				
1:30 PM													
2:00 PM													
2:30 PM		Ⓜ Ⓞ Community Multi-sport 6-8 yrs 2:30-3:30											
3:00 PM		Ⓜ Yes I Can Sports 3:30-4:30											
3:30 PM									Birthday Parties 2:00-4:40				
4:00 PM													
4:30 PM		Adult Basketball 4:30-5:45											
5:00 PM													
5:30 PM													
6:00 PM													

All facility areas close at 5:45 pm

March Break Hours of Operation

Monday to Friday 5:30 am – 10:00 pm
Saturday 7:00 am – 6:00 pm
Sunday 8:00 am – 6:00 pm

Youth Room



Open to youth 9+ years
Monday to Wednesday: 4:30-8:30 pm
Thursday: JAM! 7:30-8:30 pm
Friday: 4:30-9:30 pm

Child Minding

Available for children 4 weeks to 10 years at an additional charge.
Cost \$6/hr per child. Save with a 20 hr child minding card: \$70 for single child or \$100 two children

Parent/guardian must remain onsite while children are in care.

Monday to Wednesday: 8:30 am-12 pm, 1-3 pm, 6-8 pm
Thursday and Friday: 8:30 am-12 pm, 1-3 pm
Saturday: 8:30 am-12 pm
Sunday: closed



March Break Programs

March Break Day Camp 6-12 years

Modeled after a typical day camp program, children will participate in a wide range of activities including recreational swimming, sports and games, arts and crafts, rock climbing, theme days and special guests. Sign up for the entire week or choose the days you want!

Location: Peter Gilgan Family YMCA

Sessions	Days	Time	Week	Daily
March 12-16	Mon-Fri	9:00 am-4:00 pm	\$180	\$40

Extended camp care available

Visit ymcaoakville.com/camp for more information.

March Break Overnight Camp 11-14 years

In partnership with YMCA Camp Pine Crest, this is an overnight camp experience where your teens will sleep in winterized cabins and eat in a winterized dining hall. With a balance of indoor and outdoor programming, camp activities will include group games & initiatives, low and high ropes, snowshoeing, tobogganing, cross country skiing, shelter building and campfires. *Accommodation, meals and transportation from the Peter Gilgan Family YMCA are included in the fee.

Location: YMCA Camp Pine Crest, Muskoka

Sessions	Day	Time	Fee
March 12-15	Mon-Thurs	4 days, 3 nights	\$350*

Register online at ymcaoakville.com or with the Membership Services Desk at the Peter Gilgan Family YMCA.

The YMCA of Oakville reserves the right to change the schedule as required. Changes to the schedule are posted at www.ymcaoakville.com.

March Break Aquatics Programs

All programs are located at the Peter Gilgan Family YMCA.

Lifesaving Swim Patrol: Rookie, Ranger, Star 7-10 years

This program focuses on fitness, endurance, water rescues, First Aid and CPR. It's ideal for those interested in continuing swimming but are not yet the age to participate in the Aquatics Leadership Program.

Sessions	Days	Time	Classes	Member	Non-member
March 12-16	Mon-Fri	8:30 am-4:30 pm	5	\$200	\$220

Lifesaving National Lifeguard Service (NLS) 16+ years

This course emphasizes teamwork, leadership and communication in prevention of accidents and treatment of medical emergencies. 80% attendance is required to pass. Participants must hold Bronze Cross and current Standard First Aid.

Sessions	Days	Time	Classes	Member	Non-member
March 12-16	Mon-Fri	8:30 am-4:30 pm	5	\$250	\$320

Lifesaving NLS Re-certification 16+ years

Proof of original award (award card) must be shown to the examiner at the time of the re-certification.

Sessions	Day	Time	Classes	Member	Non-member
March 16	Friday	8:30 am-4:30 pm	1	\$65	\$70

YMCA of Oakville

Peter Gilgan Family YMCA

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